## The Mezzanine Gallery to Exhibit Paintings by Eileen Olson

## On view through April 5-29, 2021 Visit the Gallery in-person or view it online

Wilmington, Del. (April 1, 2021) — Visceral Memory Cache, an exhibition of abstract paintings by Eileen Olson, will be on view in the Mezzanine Gallery from April 5-29, 2021. The paintings are a result of a six-month creative journey around the question, "How much does my own visceral memory impact my art?" Olson is planning to be in the Gallery on Thursday, April 29 from 10 a.m. - 2 p.m. to meet visitors.

Through this journey, Olson discovered that the only limits to her creative process was her imagination. She describes the process as dismantling and rearranging idyllic visions from her cerebral storehouse that she calls her "cache." To minimize external influences and tap into her memory cache, Olson begins each painting session with a short meditation.

Olson creates visually interesting paintings by using the principles of design in her shape-making and her use of color with differing values. The work may include representational shapes, like birds, and calligraphic strokes. Her goal is to capture the viewer's interest and create an emotional reaction to the work.

"I paint because it is who I am deep inside my soul. Through a series of catastrophes, my organic marks begin to tell my story. Using many different mediums, layers and textures allows me to achieve a creative approach that helps to A Bethany Beach resident, Olson conducts workshops, studio tours, and offers demonstrations to art leagues and local social groups all around Delmarva. She is a member of the Rehoboth Art League, the Southeastern Delaware Artists Studio Tour, and the Art League of Ocean City. She has exhibited at galleries and special exhibitions throughout the Mid-Atlantic, been a juror for the National Art Educators Association, and she is also a partner at Gallery One in Ocean View, DE.

Image: Wanna Touch the Sky (detail), 2020, acrylic on canvas, 24 x 36 inches

The <u>Mezzanine Gallery</u> is open to the public weekdays from 8:00 a.m. to 4:30 p.m. and is located in the Carvel State Office Building, 820 N. French Street, Wilmington. **Visitors must wear face coverings and maintain 6 feet distance from other individuals not in their household.** 

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